

Elevate your smile

6 ways to make the most of your dental plan



1 Visit your DeltaCare USA dentist.

You must visit your selected DeltaCare USA primary care dentist to receive benefits under your plan.¹ Find or change your dentist² at deltadentalins.com or by calling Customer Service.

- **Read your plan booklet** for a complete list of covered procedures, copayments, plan limitations and exclusions.
- **Don't worry about claim forms** — just pay your copayment, if any, at the time of treatment.³
- **Ask your primary care dentist for a referral** if you need to see a specialist.⁴

2 Create an online account.

Check your coverage or select a dentist at deltadentalins.com. If you'd like an ID card, you can view or print one online.

3 Seek diagnostic and preventive care.

Your plan covers regular exams and cleanings at low or no cost to help catch problems before they require costly, extensive treatment. Overall health can affect your dental health, from hypertension to pregnancy. Start each dental visit with a quick chat about any issues or medications.

¹ In WY, you do not need to select a primary care dentist, but you must visit a DeltaCare USA dentist to receive benefits. In the following states, you can maximize your savings when you visit a DeltaCare USA dentist, although you may visit any licensed dentist and receive out-of-network coverage: AK, CT, LA, ME, MS, MT, NC, ND, NH, OK, SD, VT. Refer to your plan booklet for details about your out-of-network benefits.

² Changes received between the first and 15th of the month are effective immediately. Changes received on the 16th through the end of the month will be effective on the first of the next month. Verify that the dentist is your selected DeltaCare USA primary care dentist before each appointment. In the following states, you can change your dentist any time without contacting Delta Dental: AK, CT, LA, ME, MS, MT, NC, ND, NH, OK, SD, VT, WY.

³ You may have to complete a claim form if you visit an out-of-network dentist, such as for limited emergency treatment or in the following states: AK, CT, LA, ME, MS, MT, NC, ND, NH, OK, SD, VT.

⁴ Most services not performed by your primary care dentist must be authorized by Delta Dental. In some states, specialty care benefits are only available for services performed by a DeltaCare USA specialist.



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Stay informed.

Get oral health tools and tips at deltadentalins.com/wellness.

Don't forget to subscribe to *Grin!*, our free dental wellness e-magazine.

5

Complete in-progress orthodontic care.

If you began orthodontic treatment under a previous employer-sponsored plan, you may be covered for continuing treatment with your current orthodontist. The copayments and fees of your previous plan would apply.⁵

6

Save on laser eye surgery and hearing aids.

As a Delta Dental member, you can save as much as 50% on LASIK procedures and over 60% on hearing aids.⁶ Call QualSight at **855-248-2020** and Amplifon at **888-779-1429**.

⁵ This provision may not apply to all plans. Please refer to your plan booklet for specific coverage details.

⁶ Vision corrective services and Amplifon's hearing health care services are not insured benefits. Delta Dental makes the vision corrective services program and hearing health care available to you to provide preferred pricing for LASIK surgery and for hearing aids and other hearing health services.

Contact us

Visit deltadentalins.com/contact or call **800-422-4234**. Customer Service representatives are available Monday to Friday, 8 am to 9 pm Eastern time.

DeltaCare USA is underwritten in these states by these entities: AL — Alpha Dental of Alabama, Inc.; AZ — Alpha Dental of Arizona, Inc.; CA — Delta Dental of California; AR, CO, IA, MA, ME, MI, MN, NC, ND, NE, NH, OK, OR, RI, SC, SD, VA, VT, WA, WI, WY — Dentegra Insurance Company; AK, CT, DC, DE, FL, GA, KS, LA, MS, MT, TN, WV — Delta Dental Insurance Company; HI, ID, IL, IN, KY, MD, MO, NJ, OH, TX — Alpha Dental Programs, Inc.; NV — Alpha Dental of Nevada, Inc.; UT — Alpha Dental of Utah, Inc.; NM — Alpha Dental of New Mexico, Inc.; NY — Delta Dental of New York, Inc.; PA — Delta Dental of Pennsylvania. Delta Dental Insurance Company acts as the DeltaCare USA administrator in all these states. These companies are financially responsible for their own products.

Legal notices: Access federal and state legal notices related to your plan: deltadentalins.com > **Privacy & Legal center**.