

Get the Facts Straight

Find out about orthodontic benefits



Preparing for orthodontic treatment under your DeltaCare USA plan? Start by reviewing these FAQs. Then, log in to Online Services at deltadentalins.com to review the details of your plan.¹

Getting started

1. Do I need a referral to begin orthodontic treatment?

No. However, you will need to visit a DeltaCare USA orthodontist to receive benefits.¹

2. How do I find a DeltaCare USA orthodontist?

Use the “Find a Dentist” tool at deltadentalins.com (or on our mobile app) to search for a network orthodontist near you. Select “DeltaCare USA” as your network and enter “orthodontist” in the specialty/keyword field. You can also ask your primary care dentist for a recommended orthodontist in the DeltaCare USA network or call Customer Service for help.

Orthodontic coverage

3. What's covered?

Coverage varies depending on your plan,¹ but most DeltaCare USA plans include:

- Pre-orthodontic treatment exam
- Treatment planning session
- Pre- and post-treatment records (x-rays and study models)
- Limited, interceptive and comprehensive orthodontic treatment
- Retention (including retainers)

It is less common for plans to cover:

- Appliances to correct harmful habits like thumb-sucking
- Jaw surgery to facilitate orthodontic treatment
- Treatment to prepare for any non-covered surgical procedures



4. Are retainers covered?

One set of post-treatment retainers is covered. If your benefits cover two-phase orthodontic treatment, retainers are usually covered after each phase.

5. Is Invisalign® covered?

Invisalign and other specialty appliances are considered optional treatments, and will result in additional fees. You may wish to obtain an estimate from your orthodontist before beginning these treatments.

Managing costs

6. How much does orthodontic treatment cost?

Costs depend on the services you need. At your first appointment, your orthodontist will do a preliminary assessment and give you an initial estimate of costs. (This is called a “pre-treatment estimate.”) If you agree to proceed, the orthodontist will create a treatment plan and present you with the associated copayments and fees. Find out your orthodontic copayment amount(s), by referring to the orthodontics section of your plan booklet or logging in to Online Services at deltadentalins.com.

7. If I began treatment under a different dental plan, is work in progress covered?

Work in progress coverage depends on your plan and applies only if you are in active treatment (banding has taken place).¹ Most DeltaCare USA plans allow you to continue treatment started under a previous dental plan. You can visit the same orthodontist, with the same coverage and copayments as your previous plan, as long as you remain eligible for coverage under your DeltaCare USA plan.

If banding has not occurred, you are not eligible for continuous orthodontic coverage. In that case, orthodontic treatment must be provided by a DeltaCare USA network orthodontist in accordance with the copayments, limitations and exclusions defined in your DeltaCare USA plan.

8. What if I’m just starting orthodontic treatment?

You’ll begin by selecting a DeltaCare USA network orthodontist to receive your benefits.¹ Your copayments, limitations and exclusions are determined by your DeltaCare USA plan.

9. Are claims required for orthodontic treatments?

No. Simply pay your copayment for covered services directly to your DeltaCare USA orthodontist.¹

10. How do I sign up for continuous coverage?

Download the DeltaCare USA Continuous Orthodontic Coverage form from the Delta Dental Enrollees web page (deltadentalins.com) and give it directly to your orthodontist. The orthodontist will complete the form and mail it to our DeltaCare USA Claims department, along with the required supporting documents. Your orthodontist can also access the form directly from the Provider Tools Reference Library on our website.

¹ Your benefits may differ from the general information provided here. Review your plan booklet for specific details regarding orthodontic coverage under your plan.

DeltaCare USA is underwritten in these states by these entities: AL — Alpha Dental of Alabama, Inc.; AZ — Alpha Dental of Arizona, Inc.; CA — Delta Dental of California; AR, CO, IA, MA, ME, MI, MN, NC, ND, NE, NH, OK, OR, RI, SC, SD, VT, WA, WI, WY — Dentegra Insurance Company; AK, CT, DC, DE, FL, GA, KS, LA, MS, MT, TN, WV — Delta Dental Insurance Company; HI, ID, IL, IN, KY, MD, MO, NJ, OH, TX — Alpha Dental Programs, Inc.; NV — Alpha Dental of Nevada, Inc.; UT — Alpha Dental of Utah, Inc.; NM — Alpha Dental of New Mexico, Inc.; NY — Delta Dental of New York, Inc.; PA — Delta Dental of Pennsylvania; VA — Delta Dental of Virginia. Delta Dental Insurance Company acts as the DeltaCare USA administrator in all these states. These companies are financially responsible for their own products.